

**NEXT AREA MEETING APRIL 3, 2005**  
**South Central Service Committee**  
**Meeting March 6, 2005**

**Officers of SCANA**

Chair- Robby E. 953-6334 Present  
 Secretary- Carrie B. 288-1070 Present  
 RCM- Jay F. 266-5766 Present

Vice Chair- Kat O. 778-2136 Present  
 Treasurer- Debi D. 953-4383 Present  
 RCM Alt.- Lia B. 988-8897 Present

**Subcommittee Chairs**

Public Information- Al L Present  
 Outreach- inactive  
 AD-Hoc IRCNA- Pat N. 953-1719 Absent  
 AD-hoc inventory Al. L. Present  
 Present

H&I- Donna F. 287-1962 Present  
 Activites- Jess F. 266-5766 Present  
 SCASO-Steve M. Present  
 Ad-hoc Trust Servant- Denis W-K

**Group Service Representatives**

**Sunday**

10:30am SCANAMOSA Denis W-K  
 5:30pm SMORES Jose L.  
 7:00pm Broadlawns Jason  
 7:30pm Eastside recovery Bryan

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**Monday**

12:00pm Our Primary Purpose Toni  
 7:30pm Spritual Hour Tim D.

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**Tuesday**

9:30am Basic Meeting of NA Dwayne  
 1:00pm BYOC Lance  
 5:30pm STAGS Jeff M.  
 7:30pm Unity in Action George F.M.

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**Wednesday**

12:00pm Just for Today Kelly  
 7:00pm Riverfront YMCA Hope M.  
 7:30pm We Came to Believe Peter B.

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**Thursday**

7:00pm Fluer Step Study Dawn M.  
 7:00pm The Uncut Group Nikki H.  
 7:00pm Thursday Night Salvation John R  
 12:00am Midnight Miracles Stacy W.

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**Friday**

12:00pm Found a Way Out Paul T.  
 7:00pm Free Addicts Recovery James C.  
 7:30pm New Beginnings Pat N.  
 8:00pm Free on Friday George M.

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**Saturday**

9:00am Morning Text Jack  
 7:30pm Saturday Nite Salvation Wanda P.  
 8:00pm Saturday Nite Live Amy T.

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**Group Assemblies**

**Mon/Thurs.** Serenity JFT Phil  
**Mon/Fri** Port of Entry Emily WK  
**Mon/Fri** Truth or Consequences Paul  
**Tues/Sat** Central City Jerry  
**Wed/Sat** Seekers of Serenity Chuck  
**Mon/Wed/Sat. Marshalltown** Jeff G  
**Tues/Thurs Courage to Change**  
**Mon/Thurs Found a Way Out** Melissa

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Visitors: Jim S., Mona T., Bob G, Hanz, Tya, Victora, Mike, Jody R., Mike W., Julie, Mel, Marlo H., Terry G., Pat K.

Groups Recognized by SCANA, Not in voting status:  
**Knoxville, Newton Winterset**

Note to GSR's:

Three consecutive absences will result in a group being removed from the roll call and the termination of voting privileges until the group attends two subsequent meeting. Voting privileges will be reinstated on the second attendance in a row.

XXX= Present                      OOO= Absent

South Central Area Service Committee of Narcotics Anonymous convened at 3500 Kingman Blvd @ 2:30 pm

Service Motivation- Dawn            12 Traditions- Peter                      12 Concepts- Al.

Officer's Reports:

**Chair-** I would like to thank Kat O for filling in for me last month while I was away at school. In my absence she did a wonderful job. I would also like to thank Debi for her effort on working on our area budget. There is a lot of work that is done here by all of us that we often get no praise or reward for , so today I am thanking each and everyone of you for not only attending, but for all the hard work you do. Your work is appreciated and I am truly grateful for all of you. Tradition one states " our common welfare should come first; personal recovery depends on NA unity." For this reason we are all here to do the business of the South Central Area of Narcotics Anonymous. So please can we all get along. Forever Grateful Robby

**Vice Chair-** Greetings area. Subcommittees are operating and working hard. There is always a need for more. Many of the subcommittees have been asking for support. For this reason there is a flyer on the table inviting you to serve. I have some info from world that I will be distributing to the appropriate committees and servants. ILS Kat

**Treasurer- Opening Balance** Loving service Debi D.

**Secretary-** Just a reminder please keep your reports so I can read them, and new GSR's please give me your address or e-mail so you can get your minutes in a timely fashion. ILS, Carrie B.

**RCM-** See attached report ILS Jay F.

**Alt RCM-** Region happened. I will start by saying lunch was excellent if you got some before it ran out. There were 3 items discussed during open forum. 1. Regional policy- the updates that had been made were up for approval. It was an all or nothing deal. There was much discussion on the subject. The policy review comm. was emphasizing on how much easier it would be to work from the new cleaner copy of policy, they also expressed that there was still more to be done(housekeeping wise) and encouraged everyone to show up @ June region to continue to help with the policy review process. 2. Next was brought from Sioux City, the discussion dealt with how to keep meetings alive in small towns in rural Iowa. There was lots of good discussion and ideas shared including the following: outreach subcommittees, how to get H&I and PI involved, flood meetings and God's will.3. The last was a discussion of a motion that was to be put on the floor during regional business, regarding a region wide 800#. The discussion entailed the need of a view subcommittee for the handling of the phone. Would it be passed from area to area? How would it work in general? Weather or not there was enough info for the motion to go to the regional floor? It also sounded as if the area bringing this to the floor (Quad Cities) would be leaving our region and taking their \$50 donation with them. Remember the next region will take place June 4th @ Carter Lake. Also brought to my attention this morning from the Lit and Archives subcommittee- they have asked that a discussion be taken to the next open forum about starting a regional newsletter or sorts. If you have questions @ this time I will turn the floor over

to Alicia to answer those. If not move on. I believe that's all folks. ILS Lia B.

**Subcommittee reports**

**Public Information-** Greetings SCANA ASC, all is well with PI. We have all of our new mini lit racks and are getting them distributed. We are looking at ordering more SCANA NA pens sometime in the near future. There is a mailing going out to outlying areas that we completed today. A new pull tab flier is in the works, more will be revealed. ATTENTION ALL GSR'S: we need the 12th step/ meeting ride list back yesterday. Please turn those in to Christina N. STAT! This is very important, so don't blow it off! Thanx That's all folks. ILS Al L.

**H&I-** We had a lot to cover this month. We decided to give a list of our H&I meetings and coordinators's name only. No addresses or other information will be forwarded on to region. We had two new members. We decided that PI will contact Cornerstone youth recovery for a presentation. Thanks for letting me serve. ILS donna

**Literature & Archives-** We had a great meeting this morning. The members are growing. We elected Tom D. as the new vicechair. Congratulations Tom. We discussed some new submission, but we could sure use some more. We also discussed putting on a new face for the newsletter- we had 2 volunteers to come up with new ideas to be brought back up next month. We are also taking submission from our groups to put together some guidelines in our policy packet as there currently not any. We also discussed getting address to exchange information with other areas. If you would like to see how the newsletter is put together and ideas are shared please come join us. GSR'S there is a flyer on the table please take one to share with your group. ILS Alicia E.

**Activities-** Greetings area, thanks to all that helped out with the sweetheart dance! Out next month will be the Shamrock dance on March 12th @ Wakonda Christian Church. GSR's please note we will provide 2 free raffle tickets to all who wear visible green outerwear to this event. Please remember to announce this when you read the March flyer. Thank you! There are flyers out on the talbe for the April dance that will be held April 16th, the location for this event will be out at next area. We are working on securing a location for the Memorial day picnic, we should have a flyer out at next area. We will hold our annunal Hawaian dance in June, more will be revealed. There was also some discussion about creating policy for the activities subcommittee, this was table until April area, at which time we will set a date and time for those interested to meet. Hope to see you all on March 12. ILS Jess F.

**Area Service Office-** Not a whole new to report. Just a few reminders please make sure your chair has rubber ends. Pick up after yourself. We meet directly after ASC.

Opening balance Feb 05	\$2817.21
Deposit	\$2020.74
Checks (expenses)	
#1386 Meeting sch	\$57.24
#1387 T-shirts	\$443.93
#1388 rent	\$290.00
#1389 Lit	\$939.56
#1390 coffe& stuff	\$55.65
Bank fee	\$7.30
Total	\$1793.68
Closing	\$1023.53
Opening balance March 05	\$1023.53

**Outreach- inactive**

**Ad-Hoc Service Structure Inventory Committee-** Greeting SCANA ASC: Not a whole lot to report at this time. We believe ourselves to be pretty much ready to conduct the actual inventory which will take plae right here at the ASO, or somewhere in this building, on April 16th 2005. We will be conducting this inventory in a "brainstorming" session, in wich all NA members in SCANA are not only welcome, but strongly encouraged to attend and participate. This is your

area guys. How strong or weak, or sick or healthy this area is rests with the individuals who make up that area. THAT'S US!! Please help make this a worthwhile and meaningful growth experience for SCANA and "BE A PART OF", instead of "apart from" "If you're not part of the solution...." ILS AL L.

**IRCNA Ad-hoc Bid Committee-** no report In loving service Pat N.

**Ad-Hoc Planning Committee for Learning Day-** no report ILS Denis W-K

**Group reports:**

**Sunday**

**10:30am SCANAMOSA-** this meeting is strong and one of the three NA meetings now held at the 700 Euclid Ave. address, (the others are Tues@5:30pm and Sat@ 9am). We have a solid & consistant base of NA recovery & invite you to join us. We paid rent, purchased literature and made a donation to the area. All thanks to a loving creator and the followship/program of NA. Yours in service Denis WK

**5:30 pm SMORES-** no report given. In loving service Jose L.

**7:00pm Broad lawns-** Sunday night Broad lawns is going well. We average about 30-40 people per week with 3-4 newcomers. We brought supplies, donated the rest to area. thanks for letting me be of service. Jason B.

**7:30 pm East Side Recovery Group-** Greetings SCANA, the Eastside Recovery Group is doing well and thriving in an atmosphere of recovery. We had an average attendance of 48 people with 7 newcomers. Our 7<sup>th</sup> tradition collections totaled \$208.03. After paying rent and supplies, we were able to contribute \$22.53 to area. A special thanks to Lance H.. for chairing the meeting for the month of Feb. EAST SIDE ROCKS! In loving service Bryan M.

**Monday**

**Noon Our Primary Purpose-** the meeting is going well. Average attendance is 40 addicts with 2-3 newcomers a week. We paid rent, brought literature and made an area donation. come join us for a nooner! ILS Toni L.

**7:30 pm Spiritual Hour-** greeting area from Monday night Spiritual hour the meeting is going well. We had an average attendance of 25 with 19 newcomers. We collected \$64.91. We are spending \$44.75 for supplies and rent. Leaving a donation of \$20.16 to area. ILS Tim D.

**Tuesday**

**9:30 Basic meeting of NA-** no report. ILS Dwayne S.

**1:00pm BYOC** Greetings SCANA, the meeting at DMACC is doing well for the first month. We have 12-15 people each Tuesday afternoon and have 2 newcomers for the month. The tradition brought in \$35.62. We are spending \$33.75 with the remaining going to area. Also we were treated very rudely in the office over receiving our starter kit that was not filled last month. ILS Lance H.

**5:30pm The NA STAGS-** We're doing OK. We're averaging 5-6 people each week. We paid rent. We're keeping the rest to build our prudent reserve. Those interested in studying NA literature are welcome to attend. Each week a personal story from Book 2 of the Basic text will be read and used as a topic for that meeting. In service Jeff McD.

**7:30pm Unity in Action-** Greetings ASC! All's well and getting better. Attendance getting slightly higher. Our average attendance is 40 with 4 total newcomers. \$73.00 is being spent on lit and supplies, with an area donation of \$26.85. ILS George M.

**Wednesday**

**Noon- Just for Today-** Hello area, the Wednesday noon Just for Today meeting is doing very well. Thanxs to everyone who helped. During Feb. we had an average attendance of 32 people with 10 newcomers. We brought in a total of \$65.00. We paid \$20.00 for rent, \$36.70 on supplies and gave \$8.30 to area. ILS Kelly M.

**7:00pm Recovery on the River-**Greetings all, recovery on the River group is going strong. We have an average of 25 people per week, with 3 newcomers. We paid rent, bought lit and supplies and made a donation of \$35.94. ILS Hope M.

**7:30pm We Came to Believe-** Greetings area from Wed. night "We came to believe". we continue to carry a strong message of recovery the NA way. We are attracting 63 addicts per week with 3 newcomers. After we bought \$75.50 in lit and supplies the remaining \$49.89 is being forwarded on to SCANA and beyond to bring relief to any addict seeking recovery. Thanks to Jodi P for chairing in Feb. and to Kim B. for sharing her strength, experience and hope. ILS Peter B

#### **Thursday**

**7:00 pm The Uncut Group-** Greetings area. Thursday night Uncut Group is going strong. We had an average of 65 people per week and a total of 68 newcomers. We brought in \$117.00, spending \$51.25 on supplies, and donating \$38.00 to area. We are keeping \$27.15 in prudent reserve. ILS Nikki H.

**7:00 pm Fleur Step Study-** Greetings area members. The Thursday night step study is doing well. There was an average attendance of 13 with 4 newcomers last month. The collection was \$64.42, with \$15.00 going for rent, \$47.30 being spent on lit and an area donation of \$2.12. Next Thursday will be the beginning of the 12 weeks starting on step 1. Please come and help us share our experience, strength and hope in working 12 step of Narcotics Anonymous. In loving service and gratitude for Narcotics Anonymous Dawn M.

**7:00pm Thurs. Night Salvation-** All is going well at Thursday Night Salvation. We had an average of 11 addicts per meeting with 2 newcomers. Our 7th tradition was \$74.79 with which we purchased \$20.00 in lit and donated \$40.00 to area. ILS John R.

**Midnight Miracles** Greetings SCANA midnight miracles carries a strong message of recovery every Thurs. We average 8-10 people per meeting. Rent paid and supplies bought. ILS Stacy W.

#### **Friday**

**Noon Found a Way Out-** The Friday noon meeting is running along smoothly with a strong message of recovery. There has been between 15-20 in regular attendance. Also a big thanks to our chair and keytag people. We paid rent, bought supplies and donated to area. ILS Paul T.

**7:00pm Free Addicts Recovery Together-** Greetings from F.A.R.T. all is well! We have had 4 newcomers per meeting and an average attendance of 38. We spent \$86.40 on supplies and had \$24.60 left over for our donation to area to further carry the message. ILS Jim C.

**7:30 pm New Beginnings-** we have an average attendance of 50 addicts a week. We paid 50 in rent, spent \$83.35 on lit and supplies and donated \$54.04 to area. Still have a babysitter for those who would like to utilize this service. ILS Christina N. for Pat N.

**8:00 pm Free on Friday-** Greetings ASC members: Free on Friday continues to do well with no concerns that we have been unable to resolve on the group level. Over the past month we had an average weekly attendance of 55 with 20 newcomers for the month. Total donations \$180.79. We spent \$73.55 for rent and supplies and donated \$107.24 to area. Our gratitude speaks when we care and when we share with others the NA way. Y'all come on down and see us in a Friday night. Of service in recovery. George M. sr.

#### **Saturday**

**9:00 am Basic Text Study-** Greetings from Saturday morning meeting is doing well with an average attendance of 6-12 members with one newcomer this month. Come and see us.. one thing our group is doing new is once a month we will read one tradition and a paragraph on the basic text on this tradition. In service to NA Jack

**7:30 pm Saturday Night Salvation-** Greetings area: Saturday Night Salvation is doing well and growing. This month we had an average attendance of 30, with 15 newcomers. Our total income for the month was \$127.50. We paid rent of \$35.00, bought \$88 in literature and contributed \$4.50 to area. ILS Wanda P

**8:00 pm Saturday Night Live-** Greetings, meeting doing well. We have an average of 90 people 10 newcomers. Carry a strong message of NA. Thanks John for sharing. In loving service Linda S. (alt. GSR)

#### Group Assemblies

**Mon 7:00pm/ Thurs 7:30pm Serenity JFT-** Hello area the serenity JFT meeting in Ames is going well. The average attendance on Mondays is about 10, and the meeting on Thursday is 21 people. The clear message is being carried by the members that know better. The group suggests to GSR's not to use other members' names and or personal information in their reports. This is to protect their personal anonymity. We are spending \$26.75 on literature, and we have an area donation of \$71.10. Thanks for the policy packet. Thanks in loving service Phil L.

**Mon 7:30pm/ Fri 7:00 Port of Entry-** Port of Entry meetings continue strong and vibrant with multiple years clean in attendance. The "port" went non-smoking Jan 1 and it is a clean pleasant surprise how all have taken to this new rule. We're looking at ways to expand meeting time or deduct some reading from the opening but so far there is no consensus. Carl still serves the NA away during the meetings and keeps stock of everything that the meeting needs. Thank you Carl! We at the 'Port' would like to extend a welcome to ANYONE interested in REAL recovery to come to the Port either on Fri. or Mon. PS although there is no GSR for Central City, it remains open and meeting every Sat (6:30pm) and Tuesday (7pm) until further notice. ILS Emily J.W.K.

**Mon/Fri 7:30pm Truth or Consequences** – Dear SCANA, we are growing rapidly by leaps and bounds. We get a lot of members from the fort. They say we are carrying a clear, strong message of recovery. Our total attendance for the month was 200, 85 on Monday with 6 newcomers, and 115 on Friday with 14 newcomers. We brought in \$164.24 for our 7th tradition. we paid \$30 in rent, bought \$53 in literature and supplies, and we made an area donation of \$66.24, while keeping a prudent reserve. If you want awesome recovery on the sidesouth, come check us out on Mondays and Fridays @7:30pm. My name is Paul B., and I am the new GSR. ILS Paul B.

**Tues 7:00pm/ Sat. 6:30pm Central City-** no report

**Wed 8:30pm/Sat.8:00pm Ames-**no report ILS Chuck P.

**Sat/Mon/Wed 7:00pm Marshalltown-** Greetings fellow SCANA nites. As I write this report I am watching a room full of 40 plus addicts learning to have fun in recovery without the use of drugs. Narcotics Anonymous in Marshalltown continues to grow stronger with a much larger group of regulars coming to all of our meetings. Attendance at our Mon., Wed., and Fri. meetings averaging 15-20 people and our Saturday meeting averaging 25-30 people as a norm but with 38 addicts in attendance tonight. The reason I give this information is to show the power and unity that the program of Narcotics Anonymous has if we simply stay out of God's way and live the program. Last year at this time our average attendance was 10-12 people and fun was something we used to have. It is through the grace of God and the support of this body that we are able to enjoy this kind of progress. Thank you for your support. ILS Jeff G.

**Mon./Thurs. 7pm Found a way out** Greetings SCANA. We have formed a new group assembly. We have named our group Found a way out in Indianola. Our meetings have dropped the Step study format and have gone to open sharing. We will meet Mon and Thurs. at 7pm to 8pm in Indianloa at 307 W. Ashland The first United Methodist Church. Our Monday meeting begins March 7th and Thursday will continue at it has been. Kelly M. and I blanketed Indianola with fliers and there are fliers available to the GSRs. Our Thursday meeting is doing well. We average 8-10 addicts from Indianola and one week had 6 addicts come down form DSM. Thank you to those who made the road trip. There is a good message of recovery being shared. The gentleman who was running things has moved on to a different fellowship and a group conscious has been taken. We now have a secretary, treasurer and I will remain the GSR for both meetings. We also have a new chairperson and keytagger for March. We have taken in \$37.00. \$10.00 went for rent, \$15.86 went to pay for the fliers, and \$12.00 was passed on to area. In loving service  
Melissa

**Winterset Courage to Change** Thues/Thurs 8pm New meetings first Christian Church 103 W. Green Winterset

### **CLEAN TIME ANNIVERSARIES SINCE LAST AREA**

**30 DAYS-none 60 DAYS- none 90 DAYS- 6 MONTHS- Matt,  
Linda 9 MONTHS- Tya 1 YEAR- Pat K.**

**18 MONTHS- Mike, Lance multiple years- Al L (25) Danny O  
(7) Kat O (7)**

Outreach – inactive

PI- 1<sup>st</sup> Sunday of the month @ 10:30-12:00

Activities- 1<sup>st</sup> Sunday of the month @12:15-1:15  
@9:30

Literature 1<sup>st</sup> Sunday of the month

H&I 1<sup>st</sup> Sunday of the month @ 1:15-2:15

ASO 1<sup>st</sup> Sunday of the month after area

### **Upcoming Events**

**March 12, 2005 Shamrock Dance Wakonda**

**April 16th, 2005 Dance more revealed**

**Topic for May newsletter**

**RECOVERY JUST FOR TODAY**

**SUBMISSION DUE @ APRIL AREA**