



**Visitors:** Rick L.S., Bill D., Sara T., Jody W., Teri G., Jonna M., Jennifer M., John M., Calvin H., Justin M., Daniel H., Misty S., Kieth B.,

**Quorum:** 20 of 27 (After Break 18/27)

**Groups recognized by SCANA, not in voting status:**

**Note to GSR's:** Three and the termination of will be reinstated on the 2<sup>nd</sup> consecutive attendance.

**X=present O=absent**

Service Motivation- busy at the time 12 Traditions- Denis W.K. 12 Concepts- Victoria R.

**Officer's reports:**

**Chair:** Just verbally made amends and stated that to get respect you have to give it. - Carrie B.

**Vice Chair:** Greetings Area: Sorry I was missing in action last month. Against popular belief, I did not abandon this Area. If anyone would have called to find out what was up, they would have learned that I was working and that I made the phone calls needed to let it be known that is what I was doing. I have been asked about my willingness to serve this Area. My willingness has not and will not change. I have even gone as far as to go to my employer's to make changes in my work schedule's so I can keep my commitment. If you have any other concerns please feel free to ask after this report.

All subcommittees went well today as the subcommittee chairs will report. In Loving Service -Tim D.

**Treasurer:** (Report provided at Area) Debi D – Area Treasurer

**Secretary:** Just a short mention. I had made a promise to not cuss or tell anyone of you “f\_\_\_ you,” which I have kept my promise, so far. However sometimes it's hard when you feel you don't get the respect that you should. When you hear people grumbling and making degrading comments or complaining it's just disrespectful. That's all, we just don't need the disrespect when we are up here. Thanks, In Gratitude to Serve Scana, Jeanie W.

**RCM:** Hey – The next Region will be November 10<sup>th</sup> 2007 at The Source @ 1166 ½ Main St., Dubuque, IA. Subcommittees meet @ 10:00a.m., Literature Subcommittee and Lunch @ Noon, Open Forem @ 1 p.m., IRSC @ 2:00p.m. The Items on the agenda are; Old Service: Treasury Review, Nominations/Election of Regional Officers – Secretary – Amanda M. – IRVANA, Treasurer – Alicia E. – SCANA and IRCNA Standing Secretary (?). New Service – Subcommittee Budget – IRCNA Standing, Motion SWINA – Fall IRSCM Date. In Service, Jeff McD.

**RCM ALT:** Greetings Area. Region is being held Nov. 10<sup>th</sup> in Dubuque. Unfortunately I will be unable to attend due to prior commitment. Be assured that beginning Jan. where I'll be R.C.M., attending every Region will be a priority. Grateful in Service, Peter B.

**Public Information:** Greetings Area. All is well in P.I. Last month we had a booth at D.M.A.C.C. Urban Campus thanks to Pat D and Randy a long with everyone else that made that happen. Today P.I. members put together 15 new Public Relations Handbooks they priced at \$10.00 each in the A.S.O. The HANA Area has sent to me a check for \$75.00 to pay for their phone line. We will be getting together this week to get a mailing done. With next month being my last month for my commitment I want to say Thank you all for allowing me to serve. I.L.S., Ullonda S. P.S. Victoria will be getting \$15.00 for flyer copies of activities for our mailings. P.I. stands the same for budget in 2007. Thank you, Ullonda S. ..

**Hospitals and Institutions:** Greetings Area. Our H. & I. secretary resigned all her positions today. Voted in as Vice Chair was Jody W. Secretary was Carie Ann and Lit. Coordinator Jon L. The new coordinator for the Women's Facility is Jody W. and we have tabled Powell until next month with Traci D. Carie Ann will finish up the year for Secretary. Mercy First Step is looking for a Coordinator, also Fort Des Moines in in search of a coordinator. H. & I. Chair, I.L.S., - Paul B.

**Literature & Archives:** Literature & Archives met this morning in the usual manner. The Dec. newsletter was finalized. The next newsletter's topic is: N.A. Service. This is for the March newsletter. A flyer will be available for a distribution next month along with the newsletter. Our subcommittee needs some info. From the G.S.R.'s . 1. How many newsletters does your group actually hand out on average? Not counting the ones that are thrown away. 2. Do the groups have

any ideas/suggestions for topics for 2008's newsletters. Please advise your groups that anyone may submit ideas for topics along with your submissions. Per Area policy, I am submitting a written report including goals, existing expenses, and projected budget for 2008. Our goals are to increase membership, increase the volume of submissions from within our own Area, continue to produce and distribute entertaining and informative newsletters. Our existing expenses are: 4 quarterly newsletters; learning days or workshops as needed, rent for Thoreau day of Area. Our projected budget is: no change from 2007. \$62.50 per month or \$750.00 per year.

The Basic Text Review Draft Workshop was held Oct. 13<sup>th</sup>. There were 4 members of our Area in attendance. Only 4 people in our Area read the Basic Text? Who knew? Just kidding – but on a serious note, we did have a group conscience to approve the review draft and I will send this conscience on to Region next weekend. The positions of Archivist and Secretary are open for 2008. Any interested parties should bring their willing selves and their qualifications to the next subcommittee meeting. The subcommittee as a whole will continue to fulfill these duties until the positions are filled. Lit./Archives has not received any subcommittee meeting minutes, to my knowledge this year, but for since least May, when I took office. Subcommittee Chairs, please forward copies of your minutes to the Vice Chair A.S.A.P. so the Archives can be updated. Also, corrections to previous minutes need to be done as a separate attachment not included in the following month's minutes. IN SERVICE, Victoria R.

**Activities:** Greetings Area. Activities is currently looking for a treasure and members. We did hold nominations today. Melissa E. was voted in as the Chair. Cliff F. as Vice Chair and Sam for secretary. G.S.R.'s, we would like to have a speaker meeting in December. We are asking you to go back to your groups to get 2 names of some out of town people that we would like to hear. Please bring the names to the next area. I.L.S., Tya B. \*I do believe that we are keeping the same budget.

**From SCASO:** ASO 11/04/07 Report: Dear Area, The time has come for a new office team to be installed. I, Randy J. will be resigning as of Jan. 1, 2008. The treasurer will be resigning as of Jan. 1, 2008, the office helpers Janet and Scot will also be resigning on Jan. 1, 2008. I will be available to help with the transition of the new team. We were unable to order any inventory in October to replenish our stock due to low sales for September and October. At this time we owe World \$350.00 for previous inventory ordered. We also owe Harold Wells \$290.00 for rent in November. We sold \$912.40 in Literature and received \$362.80 from Area. Which includes H. & I. and P.S. We owe Word \$350.00, rent for November of \$290.00 and Dave E. \$67.00 for meetings and schedules. So we owe \$707.00 at this time. Our Literature order will have to be smaller than normal so as not to have a credit balance on our exit. In Loving Service - Randy J.

### **GROUP REPORTS:**

**Scanamosa-** Greetings Area from SCANAMOSA In the past month we have had an average of 23 people per meeting and an average of 2 newcomers per meeting. Also continue to spread a strong message of recovery to all. In loving service, Steve B.

**Sunday Nite 7 p.m.** –. Everything goes well with a strong message given. 35 in attendance with 10 new comers. Bills were paid. I.L.S. John L.

**Free on the Inside-** Meeting attendance is consistent with close to 30 women present each week. We have a vibrant atmosphere, and there is much sharing in regards to recovery related issues. It is my pleasure to fill in for Jackie this month. We paid rent with purchased Basic Texts. We spent \$34.00 in the A.S.O. and gave \$3.96 to Area. I.L.S., thank-you – Amy T. ☺

**Eastside Recovery** – Greetings Area Eastside Recovery group is sending a strong message of recovery with 9 new comers and 143 in total attendance. We are always making our plans for our annual potluck dinner. We took in \$169.00 and with supplies and rent paid, we are left with an Area donation of \$135.40. I.L. S. Kim H.

**Our Primary Purpose-** Greetings Area from Our Primary Purpose Monday noon meeting. Newly located at 25<sup>th</sup> and University at the First Christian Church, 3<sup>rd</sup> floor room 314. We had an average attendance of 9 in October with 1 newcomer. After paying \$20.00 in rent and buying \$25.25 worth of

supplies for November, we will not be making an Area donation and we will carry over \$1,88 towards next month. Thank you, I.L.S. Becky W.

**Monday Night Spiritual Hour** – We continue to carry a strong message. We had 73 total in attendance and 6 new comers. Collection for the month was \$88.75. This month we are spending \$107.70 on supplies and donating \$50.00 to Area. Until next month, Lloyd

**Never Alone-** (Adel) Greetings from the Never Alone meeting of Narcotics Anonymous in Adel. We are carrying a strong message as our steadily increasing attendance numbers would indicate. We had a total of 94 attend our meeting this month with 13 newcomers. We collected \$61.76 this month and are ordering \$30.70 worth of literature and supplies. Our rent is \$15.00 and we are carrying over a prudent reserve of \$42.04. Since our G.S.R. has been slacking the last few months we are donating several months' worth of extra funds to Area in the amount of \$160.00. Best wishes from everyone in Adel and our sister Sunday meeting at the Quitters Club. Sincerely, Chris.

**Harbor of Serenity-** (No Report)

**Unity in Action-** Greetings Area. My name is Pat S. I am currently the G.S.R. Alt. for Unity in Action on Tues. I will be stepping into the G.S.R. position per group conscience approval. The meeting has been going good and strong as always. Total attendance was 203, with 16 newcomers. The total income for the month was \$127.92 with \$88.52 donated to Area. In loving service, Pat S.

**Balancing Act of Recovery-** (Ankeny) Greetings Area. Matt J.

**Just For Today-** The group is going well. Still an average attendance of 15-30 addicts and 1 – 4 newcomers. We have struggled to fill our service positions but there is progress. Mike C.

**Recovery On The River-** Greetings Area. I'm going to continue to serve at G.S.R. and attend Recovery on the River business meetings as well as Area until arrangements have been found. R.O.T.R. continues to provide a strong message of Recovery. \$40.00 to Area. Rents paid, supplies and literature replaced. All is well at our meetings! In His Love and Grace, Tim N.

**We Came To Believe-** Greetings Area from We Came To Believe. This month was low on attendance but high on recovery with attendance at 119 and 6 newcomers! We were able to purchase \$60.75 in supplies and literature and give \$54.83 to Area. I. L. S., Clifford F.

**We Found Hope-** Greetings Area. Things are going well. Our attendance was down a little bit, but we carried the message to 98 addicts and 4 newcomers. We have been able to meet all of our commitments and donate \$25.00 to Area. I.L.S., Leon D.

**The Un-Cut Group-** – Dell J.

**Principals of Recovery- The Steps, The Steps, The Steps.-** Bro.'s and Sis.'s, We have a positive, (though small) recovery meeting here, giving a large and strong recovery message. (The Steps, The Steps... The Steps!) Come and share how N.A. recovery actually Works, (and it's not through anyone or anything other than, listening to and putting into action/practice ... The Steps)! If you are a sponsor or sponsee in THIS fellowship, We Encourage You to use this meeting as a positive recovery tool and support the active use of, and fellowship discussions of, Our Principles of N.A. Recovery. Yours In Service, Denis W.K.

**Found A Way Out Indianola-** (No report)

**We Do Recover-** Greetings Area from the We Do Recover meeting of Narcotics Anonymous! Things are going great with a strong message of hope and recovery in Narcotics Anonymous. We had an average attendance of 44 and welcomed 16 newcomers! We paid \$40.00 in rent, purchased \$48.80 in supplies, and donated \$38.00 to Area. I.L.S., Jay F.

**Free Addicts Recovering Together-** Hello Everyone, everything is going good. The total attendance was 120 this month, along with 11 newcomers. Our income for the month of November was \$76.03. We spent \$13.80 on literature. We also donated \$62.23 to Area. I.L.S., Jessica Shinn

**New Beginnings-** Greetings Area –New Beginnings is alive and well, carrying the message of Narcotics Anonymous. With a total in attendance of 154 for the month of October included 6 newcomers. Revenue report is as follows: 7<sup>th</sup> Tradition > \$171.72, Expenses> Rent - \$100.00, Babysitter \$40.00 and Supplies \$23.00 = Total Exp. \$163.00. Ending balance \$8.72 to which the group has elected to carry over. No donation to Area. Respectfully Submitted, Matthew C., - G.S.R

**Free On Friday-** Greetings Area. Free on Friday is happy to carry a strong message of recovery again this month by giving away a basic text to all newcomers. We had 9 newcomers with a total attendance of 274 for the month. Our 7<sup>th</sup> Tradition took in \$199.55, with \$175.40 spent on supplies and \$24.15 donated to Area. Thanks for helping me stay clean over the past year. Our new G.S.R. is Bill DeMoss. In Loving Service, Traci D.

**Sat. Morning Basic Text Study-** 9 a.m. We carrying a good message. We could use some support. This last month we had an average attendance of 3. Our G.S.R. has resigned. If attendance continues to be so low, this meeting will close. Jeff McD.

**Saturday Night Live-** Linda S.

**Saturday Night Salvation-** Greetings Area, All is going well at Sat. Nite Salvation. We had a total attendance of 71, with 4 new comers for the month of October. Our total income for the month was \$104.00, total expenses \$74.85 with an Area donation of \$29.15. Come join us at 7:30 p.m. on Saturday night. In loving Service to N.A., Dawn M.

**Living Clean-** Greetings Area. We are doing well. We had a total of 49 with 12 newcomers this month. Bought literature and donated \$50.00 to Area. I.L.S., Scott F.

### **GROUP ASSEMBLIES:**

**Seekers Of Serenity (Ames) Monday – 7 p.m. & Wednesday – 8:30 p.m. – (No Report),- Jim D.**

**Mon./Thurs. Serenity Just For Today (Ames) – (No Report) - Luther**

**Mon./Fri. Truth Or Consequences- I. L.S. ALWAYS, Alicia E.**

**Port Of Entry-** (No report) - Emily JWK.

**Central City-** (No report)

### **CLEAN TIME ANNIVERSARIES SINCE LAST AREA**

**30 Days-**

**90 Days - Becky**

**9 Mo.s -**

**18 Mo.s – Kim H.**

**60 Days – Justin**

**6 Mo.s -**

**1 Year- Jessica S.**

**Multiple Year – Jonna (12), Peter B. (4),  
Amy (3), Sarah T. (3)**

**Newcomers: Justin M., Daniel H., Misty S. and Keith B.**

**Key Tags – Thanks to Leon for doing key tags this month.**

#### **Motion**

**Motion:** Mike C. motioned to table the discussion on the bank as he felt we were getting nothing done today on it.

**Intent:** To continue on with other things and have the G.S.R.'s take it to their groups.

**Motion passes**

#### **Motion**

**Motion:** To create an ADHOC Committee for the upcoming Convention of 2009.

**Intent:** Form a committee to make a package bid for the Convention.

**Motion passes.** 14 to 1.

#### **Of Interest:**

- Carrie B. wanted to make amends, not for what she said, but for leaving and leaving no trusted servants. She said, “I have watched my language and have improved.”
- Tim D. explained that he was sorry, but he did not abandon this Area. He was working.

- Debbie (treasurer) mentioned being charged at the bank for excessive coins. They charged \$10.00 and then a charge of \$6.00 for a bounced check. She tried to get an answer on how much the limit is on coins before being charged the \$10.00 fee and she wasn't really given a direct answer. It seems that it's up to the discretion of the bank employee.
- Denis W.K. shared about how he cared for this fellowship and sometimes feeling attacked and wanting to lash out, but part of what N.A. teaches us, growing up is part of recovery, and if you are working a recovery program, you don't act like that today.
- Mike C. doesn't feel that it was appropriate for 4 individuals, who may not even be G.S.R.'s to decide for the whole group on policy.
- Mike C. stated that everyone is talking all over the room, and some of us do care what is said.
- Randall shared that he was resigning as the A.S.O. director and it's time for a new director and office team. He said he has felt that his hands were tied and it made it hard when you cannot accept outside contributions. Groups complained that they were too high in prices. He did not want to buy on credit and he couldn't afford to lower prices any more than they already had. He felt that it was a thankless job and warned anyone willing to take over to be aware of that. David, Scott and Janet are all leaving also, but he thanked them for their help.
- Denis W.K. said the truth is, the only way to keep this A.S.O. office going is to make changes. Every single group, every single G.S.R. will have to get on board. If we don't then we should just dissolve it. It's hard to attempt to do things differently and then 6 months later be told, "You can't do that!" It's so hard.
- Tom D. asked how many people would be needed to run it efficiently and he was told 6 – 8 people. The office is also supposed to close at 2p.m. but stayed open because of need for \$. Amy T. and Kieth expressed an interest in taking over the A.S.O. office and keep it going.
- Shane B. explained that when we buy on credit from World, we have 30 days to pay up. The rent will go up and so therefore the literature prices will have to go up also, in order to stay afloat. People complain about raises in prices, but they need to support it or say NO before they go ahead and nominate people for the positions to run it.
- Carrie B. said that the decision to keep the A.S.O. office is up to the G.S.R.'s to take back to their groups. She said this is our Area and we need to support it. The biggest pro is supporting our area and the convenience of having it here.
- Peter B. stated that we have some groups that refuse to order from our office and that we cannot keep ordering or order more when we are in debt.
- Pat D. was elected in position for the new R.C.M. Alt. by majority vote.
- There was some discussion on the IRCNA Bid. An Ad Hoc committee will be formed for the 2009 bid package. The intent would be the honor of holding the Convention of 2009 here in SCANA Area. So far 6 people have expressed a desire to be in an ADHOC committee. The Chair can appoint someone - Pat D. was willing. Rick L.S. was willing to be on board also. The first meeting will be on Sunday, November 11<sup>th</sup> @ 4p.m. @ Caribou Coffee on Ingersoll.
- Denis W.K. mentioned that he was concerned about the Convention because of our track record. We would have to find ways to undermine it. Hopefully people will be ready and willing to really support this.
- Tia mentioned that the SCANA November 17<sup>th</sup> dance was still a go and we should support our Area. It does coincide with Marshalltown's Turkey Fry in another Area.
- Tim shared the changes in policy. Copies are attached.
- There was a vote of confidence for Peter B. to on to become the R.C.M. and a vote for Tim D. to go on as Chair as well.

**Summary of Qualifications for Nominated Positions:**

**Vice Chair: Matthew C.**

My name is Matthew C. and I am an addict. I have been a member of N.A. since Sept. 24, 2004. For the last year I have been G.S.R. for New Beginnings Group Friday night. I have an attendance record of only missing one Area in my term since taking this commitment. I feel it is an honor to partake in the business end of SCANA. I'm honored to have the support of all the other trusted servants (G.S.R.'s) within this area. I believe my life experiences qualify me for this position in this way > Teamster's Union Representative for 10 years, Robert's Rules of Order to conduct business and negotiations, High-school official – having the experience and ability to handle adversity, disagreements by listening first and coming to a good decision while remaining calm, Owner/Operator of own business – having experience with customer service skills, the ability to oversee several operations at once without becoming frustrated, the ability to listen to people's concerns. I will end this with one note – I walk and live my commitments and take what we are doing here very seriously, (5<sup>th</sup> Tradition) and will do my very best to serve this area in a profession and business like manor. – Respectfully Submitted, Matthew.

**Chair: Literature and Archives – Victoria R.**

Current positions held: Member of P.I., Activities, H.& I., Coordinator of Polk Co. Jail - H. & I meeting, Chair of Literature/Archives, N.A. member. 12<sup>th</sup> Step contact/volunteer for phone line. Sponsor and sponsee. Previous positions held: G.S.R.Alt. and G.S.R. Free on Fiday, G.S.R.Alt. and G.S.R. Recovery on the River, Co-Secretary of Unity in Action, H.& I. Secretary, SCASC secretary, Coordinator of Meyer Hall, H.& I. meeting Panel member for various H.& I. meetings. I have chaired meetings, handed out key tags, picked up chairs, given rides, sponsored, and been sponsored too. I work the 12 Steps of N.A. with my sponsor. I try my dammedest to adhere to 12 Traditions and am still studying the 12 Concepts. I have the willingness and desire to fulfill the position, and meet the clean time requirements to do so.

**Officers Phone #'s** were asked to be on the minutes, so here they are (area codes are all 515 unless noted):

<b>Carrie B.: 326-4919</b>	<b>Tim D.: 249-1727</b>	<b>Debi D.: 401-4858</b>	<b>Jeanie W.: 261-4360</b>
<b>Jeff Mc.: 238-6442</b>	<b>Peter B.: 991-2465</b>	<b>Ullonda S.: 279-4203</b>	
<b>Paul B.: 865-6117</b>	<b>Tya B.: 238-9992</b>	<b>Victoria R.: 779-1776</b>	

**Opening Balance:**

**Closing Treasurer Report:**

**Hollow Prudent Reserve:**

**Approx. Below Prudent Reserve:**

\*Please check with the Treasurer on the exact Opening and Closing Balance if you want to know. Thank you. (A current print out is always provided at the Area desk next to the Minutes).

**Quarterly Report:**

**\*Total Income 2<sup>nd</sup> Quarter:                      and Total Expenses 3<sup>rd</sup> Quarter:                      Total Difference:**

Floating prudent reserve flexuates. Because of the change of policy this will always vary from month to month.